

NUEDEXTA[®]
(dextromethorphan HBr and $\frac{20 \text{ mg}}{10 \text{ mg}}$
quinidine sulfate) capsules

For more information:

CALL
1-855-468-3339

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NUEDEXTA.com

TREATMENT GUIDE

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Inside: Ways to get the most
from treatment with NUEDEXTA



Please see Important Safety Information on the following pages and enclosed Brief Summary of Important Facts.

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GET THE MOST FROM TREATMENT WITH NUEDEXTA

You and your doctor have made the important decision to treat your PBA with NUEDEXTA, the first and only treatment approved by the FDA to treat PBA.

PBA (PseudoBulbar Affect) causes sudden, frequent, uncontrollable episodes of crying and/or laughing that are exaggerated or don't match how you feel. PBA occurs in people living with certain neurologic conditions or brain injury. These unpredictable episodes can leave you feeling misunderstood and frustrated. Treatment with NUEDEXTA can make a difference by reducing PBA episodes.



As you continue your treatment it's important to follow your dosing routine, give your treatment time to work, keep track of your results, and use the Co-Pay Savings Card. Keep this Treatment Guide and refer to it as often as you'd like.

WHAT IS NUEDEXTA® APPROVED FOR?

- NUEDEXTA is approved for the treatment of PseudoBulbar Affect (PBA). PBA is a medical condition that causes involuntary, sudden, and frequent episodes of crying and/or laughing in people living with certain neurologic conditions or brain injury. PBA episodes are typically exaggerated or don't match how the person feels. PBA is distinct and different from other types of emotional changes caused by neurologic disease or injury.
- NUEDEXTA is only available by prescription.

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ARE YOU FOLLOWING YOUR DOSING ROUTINE?

When you take the prescribed dose at the same time each day, you are keeping the right amount of medicine in your system. This allows the medicine to work properly to help you reach your goal of fewer PBA episodes.

<p>For week</p> <p>ONE</p> <p>take one capsule each morning.</p> <p>This dose introduces NUEDEXTA to your body.</p>	<p>Starting week</p> <p>TWO</p> <p>on day eight, increase your dose to two capsules per day—one in the morning, one in the evening, 12 hours apart.</p> <p>This is your daily dose for the rest of your treatment.</p>
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Important Dosing Guidelines

- You can take NUEDEXTA with or without food.
- If you miss a dose, do not take a double dose. Take your next dose of NUEDEXTA at your usual time.
- Do not take more than 2 capsules in a 24-hour period. Make sure that you have approximately 12 hours in between your doses.

Check with your doctor to make sure that your prescription matches this dosing routine.

IMPORTANT SAFETY INFORMATION

Before you take NUEDEXTA, tell your doctor:

- If you are taking monoamine oxidase inhibitors (MAOIs), quinidine, or quinidine-related drugs. These can interact with NUEDEXTA causing serious side effects. MAOIs cannot be taken within 14 days before or after taking NUEDEXTA.

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ARE YOU GIVING YOUR TREATMENT TIME TO WORK?

NUEDEXTA is meant to work over time. You should expect to see your best results by about 90 days.*

In a clinical trial, patients who took NUEDEXTA saw a significant reduction in PBA episodes. In a 12-week trial, patients experienced:

82% fewer
episodes*
at week 12



82%

51% were
episode-free*
at final 2 weeks



51%

Your results may vary.

Compared to baseline, patients taking placebo experienced 45% fewer episodes at Week 12, and 29% were completely free of PBA episodes in the final 2 weeks of the 12-week study.*

What might happen if you stop treatment

To continue the benefits of NUEDEXTA, take daily as directed by your physician. In a clinical trial, at the beginning of the second week of treatment, patients increased their NUEDEXTA dosage to 2 capsules each day. After the clinical trial was over, many patients were monitored for another 3 months. During the transition between trials, some patients had a gap in treatment. **Many of those who stopped saw their PBA symptoms increase after a 48-hour break in treatment.† From time to time, your doctor may want to determine if you still need to take NUEDEXTA. For some patients, PBA symptoms may improve on their own.**

* Piro EP, Brooks BR, Cummings J, et al. Dextromethorphan plus ultra low-dose quinidine reduces pseudobulbar affect. *Ann Neurol.* 2010;68:693-702.

† Patients with ALS or MS who stopped NUEDEXTA treatment after the initial 12-week trial had their final CNS-LS scores compared to their scores at the beginning of a 12-week open-label extension trial. An increase in CNS-LS scores indicated a return of PBA symptoms.

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WHAT ARE THE SIDE EFFECTS OF NUEDEXTA?

Some of the most common side effects when taking NUEDEXTA are:

- Diarrhea
- Vomiting
- Dizziness
- Weakness
- Cough
- Swelling of feet and ankles

These side effects were each seen in less than 15% of patients taking NUEDEXTA in a clinical trial.* This is not a complete list of side effects. Tell your doctor about any side effects that bother you or do not go away.

* Piro EP, Brooks BR, Cummings J, et al. Dextromethorphan plus ultra low-dose quinidine reduces pseudobulbar affect. *Ann Neurol.* 2010;68:693-702.

IMPORTANT SAFETY INFORMATION (CONTINUED)

Before you take NUEDEXTA, tell your doctor:

- If you have previously had an allergic reaction to dextromethorphan, quinidine or quinidine-like drugs.
- About all medicines, herbal supplements, and vitamins you take as NUEDEXTA and certain other medicines can interact causing side effects.
- If you have had heart disease or have a family history of heart rhythm problems. NUEDEXTA may cause serious side effects, including changes in heart rhythm. If you have certain heart problems, NUEDEXTA may not be right for you. Your doctor may test your heart rhythm (heartbeats) before you start NUEDEXTA.
- If you have myasthenia gravis.

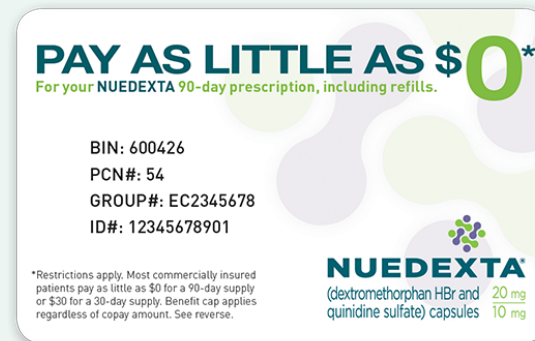
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ARE YOU USING YOUR CO-PAY SAVINGS CARD?

Use your Co-Pay Savings Card for every refill. If you have private insurance, you may pay as little as \$0* for a 90-day prescription of NUEDEXTA. Check with your doctor and insurance provider to see if a 90-day or 30-day prescription is the best value for you.

If you need to activate your card or you don't have a card, visit NUEDEXTA.com today. Or call 1-855-468-3339 to request a card.

*Restrictions apply. Benefit cap applies regardless of copay amount. Those eligible for Medicare, Medicaid, or any other government healthcare program are not eligible for this program.



If you have Medicare Part D and don't qualify for the Savings Card, visit AdvancedPatientServices.com or call 1-855-468-3339 for support options.

IMPORTANT SAFETY INFORMATION (CONTINUED)

While taking NUEDEXTA, call your doctor right away:

- If you have unexplained bleeding or bruising. Quinidine, an ingredient in NUEDEXTA, can cause a reduction in the number of platelets in your blood which can be severe and, if left untreated, can be fatal.
- If you feel dizzy, since it may increase your risk of falling.
- If you have muscle twitching, confusion, high blood pressure, fever, restlessness, sweating, or shivering, as these may be signs of a potential drug interaction called serotonin syndrome.

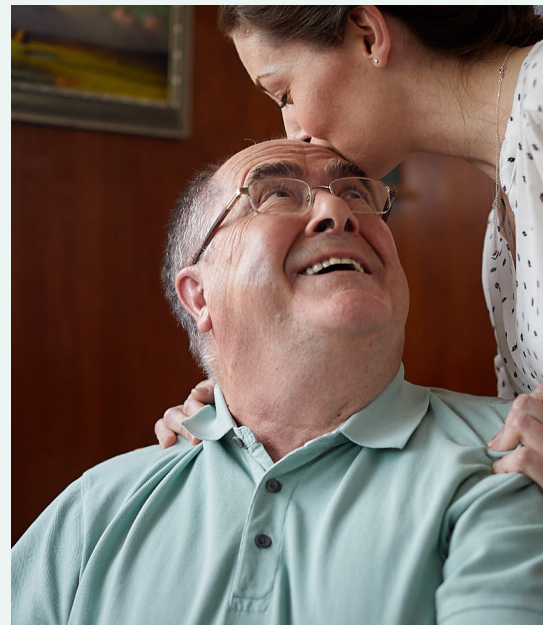


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CONTINUING YOUR TREATMENT WITH NUEDEXTA

By choosing to treat your PBA (PseudoBulbar Affect) with NUEDEXTA, you're taking a step to reduce the episodes that may have left you feeling misunderstood and frustrated.

Continue treatment with NUEDEXTA as prescribed by your doctor so you can experience fewer PBA episodes. Be sure to write down the changes you see during treatment on the page provided and fill in the Episode Tracker each day. Refer to your doctor and this guide if questions arise during treatment.



IMPORTANT SAFETY INFORMATION (CONTINUED)

The most common side effects of NUEDEXTA are diarrhea, dizziness, cough, vomiting, weakness, and swelling of feet and ankles. This is not a complete list of side effects. Tell your doctor about any side effect that bothers you or does not go away.

You are encouraged to report negative side effects of prescription drugs to the FDA.

Visit www.fda.gov/medwatch or call 800-FDA-1088.

Please see enclosed Brief Summary of Important Facts.



“Since starting
NUEDEXTA,
I’m less worried
about having
an episode.”

— Post-Traumatic Brain Injury
patient living with PBA,
taking NUEDEXTA

Brief Summary of Important Facts